

0777 newsletter



Volume 8 Issue 10

AA HOTLINE 727-847-0777

October 2009

District 15

GRATITUDE

DINNER



"GRATITUDE
IN ACTION"

When: Sun. Nov. 29, '09

1 PM-4 PM

Where: St. Vincent de Paul

Catholic Church

On Mile Stretch in Holiday

Covered Dish!

Putting Myself First

About fourteen months ago, I got out of my seven-week treatment center. I thought life was great. I was sober and my mother and I actually got along for the first time. I thought my life was going to go the way I wanted it to. I was in a relationship with someone who was using, and I got out of that as was suggested. I then got into a sober relationship because I thought that was okay. He had one and a half years sobriety, and was such a power of example to me. He told me how to do things and I did them because I thought that was right. And this is how it went for six months.

I never knew other people besides his friends. We were always together. I went to his meeting. I never joined a group or got active. I did not go to any discussion or Step meetings. He told me to get a sponsor and I did. I never used her. I used him as a sponsor. I thought my sobriety was great. But my home life was not healthy. My mom and I fought all the time. She kicked me out of the house several times. At this time, my mom was eleven months into the program. I never talked about how I was feeling. I was hurting real bad, and I didn't even know it. He and I were both

very possessive. Things between us started falling apart.

He finally broke up with me and I was hurting real bad. I felt I had no one. I had given up all my old friends and I had never met any people on my own. I had a choice: go back out or start to help myself. I decided to help myself. With the few people I did meet on my own, I started to open up. I joined a group and got active. I went on commitments, spoke for the first time, and went on discussion and Step meetings. I got a sponsor. My mom and I were getting along good. I felt so strong. But in a way, I was not healthy. I had an obsession with my

*see **Myself** on page 4*

What's Inside

| | |
|--------------------|---|
| Anniversaries | 2 |
| Donations | 2 |
| Word Search Puzzle | 3 |
| Announcements | 3 |
| InterGroup News | 4 |

"If you find mistakes in this publication, please consider they are there for a reason. We publish something for everyone, and some people are always looking for mistakes."

The Al-Anon Hotline
1-(352)-697-0497

Step 10

"Continued to take personal inventory and when we were wrong promptly admitted it."

Tradition 10 (Long Form)

"No group or AA member should ever, in such a way as to implicate AA, express any opinion on outside controversial issues — particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever."

0777
Newsletter

The Newsletter Committee is soliciting info about any AA Activities- group events, dances, picnics etc.

Submit all info by the 20th of the month preceding publication to:

news0777@yahoo.com

or drop off at :

West Pasco /Tarpon Springs InterGroup

6611 US 19 Suite 505

New Port Richey, Fl. 34652

(727) 847-0777

Donation Addresses

WEST PASCO/TARPON SPRINGS INTER-GROUP

TREASURER

6611 US 19, ROOM 505

NEW PORT RICHEY, FL. 34652

DISTRICT 15 GENERAL SERVICE

TREASURER

P.O. BOX 692

ELFERS, FL. 34680-0692

AREA 15 GENERAL SERVICE

TREASURER P.O. BOX 561715

MIAMI, FL. 33256-1715

AA GENERAL SERVICE OFFICE

P.O. BOX 459

GRAND CENTRAL STATION

NEW YORK, N.Y. 10063

TREASURER'S REPORT

| | |
|-----------------------|----------|
| Aug. 1 Balance...\$ | 5127.96 |
| Income | +1303.15 |
| Expenses | -1983.66 |
| Ending Balance ... \$ | 4438.45 |

Sept.—Central Office

Niteline calls ... 128

Office calls 231

Walk-ins 81

Pass the Basket
September 2009

| | | |
|--------------------------------|----|--------|
| Life Recovery | \$ | 10.00 |
| In The Beginning | | 14.00 |
| Women's 2 for 1 Step | | 5.00 |
| Tropical Attitudes | | 60.00 |
| Anonymous | | 11.00 |
| 3 & 11 Step Group | | 100.00 |
| InterGroup | | 19.75 |
| Steps To A New Beginning | | 30.00 |
| Two Or More | | 100.50 |
| Noon High | | 25.00 |
| Unity Meeting | | 40.00 |
| Anon. | | 2.75 |

Thank You for your Support!

***** UNITY *****

MEETING

***** Every 3rd Saturday! *****

Oct. 17- Noon High

Nov. 21- Pasco Big Book

Dec. 19- Two Or More

Groups wishing to sponsor a Unity Meeting, should attend a Unity Meeting on the 3rd Saturday of each month and meet with **Mary Ellen** to set up a date. You'll be glad you did because not only will you be supporting West Pasco/Tarpon Springs InterGroup, but you'll be showeasing your home group at the same time.

Meeting @ 7 PM!

River Ridge Presbyterian Church

7540 Ridge Rd. — East of Little Rd.

South Side of Road

October- Pickin' up chips

| NAME | YEARS | NAME | YEARS |
|--------------------------------|--------------|--------------------------------|--------------|
| BACK TO BASICS | | NPR KISS GROUP | |
| Clare D. | 12 yrs | Tom C. | 10 yrs |
| Paul M. | 19 | Stacy M. | 6 yrs |
| HAPPY JOYOUS & FREE | | Kevin T. | 4 yrs |
| Stacy | 7 yrs | Bill W. | 13 yrs |
| Betsey K. | 17 yrs | Mike G. | 3 yrs |
| HOOT 'N HOLLER | | NOON HIGH | |
| Kelly C. | 1 yr | Nina P. | 2 yrs |
| Ivan L. | 29 yrs | P. Sue W. | 1 yr |
| HOW IMPORTANT IS IT? | | Mary D. | 1 yr |
| Brenda K. | 10 yrs | PASCO BIG BOOK | |
| MEN LET'S TALK | | Mary F. | 2 yrs |
| Tod M. | 30 yrs | Boyd P. | 2 yrs |
| Tom C. | 10 yrs | Milton M. | 4 yrs |
| Bob W. | 7 yrs | Maura P. | 9 yrs |
| Lloyd K. | 5 yrs | Gary Z. | 19 yrs |
| Drew B. | 4 yrs | Mike L. | 28 yrs |
| K.I.S. WOMEN'S | | Tod M. | 30 yrs |
| Kathy M. | 16 yrs | TROPICAL ATTITUDES | |
| Marianne L. | 6 yr | Milton M. | 4 yrs |
| LIFE GOES ON | | Penelope M. | 21 yrs |
| Terri B. | 6 yrs | Mary H. | 1 yr |
| LIVING SOBER | | Ron M. | 10 yrs |
| MIRACLE GROUP | | Jennifer S. | 1 yr |
| Betsy K. | 17 yrs | Carol | 1 yr |
| Tom C. | 10 yrs | John M. | 8 yrs |
| NEW HOPE BEGINNERS | | 2 for 1 WOMENS | |
| NEW LIFE GROUP | | Jean M. | 12 yrs |
| George D. | 19 yrs | Mary T. | 7 yrs |
| | | WONDERFUL SATURDAY STEP | |
| | | Kim K. | 17 yrs |
| | | Linda C. | 27 yrs |
| | | Janet C. | 4 yrs |
| | | Stacie M. | 7 yrs |

If your group anniversaries are not listed here, be sure to have them @ Central Office by the 20th of the month preceding publication.

District 15

Special Needs Committee

The Special Needs Committee is looking for volunteers to assist with taking meetings to homebound AA members and help any members with special needs. If you have only a couple hours a month, that is enough to help us out. We meet the 1st SATURDAY OF THE MONTH @ 12 Noon at the A Club. Any questions call Donna E. @ 727-375-2489 or Email me @ d15specialneeds@hotmail.com. The AClub is at 5650 W. Missouri Ave., NPR.

Pasco Big Book's

New Years Eve

DINNER & DANCE

This is our 3rd Annual
Celebration, held at the

REGENCY CIVIC CLUB



Make your plans early!

(Details to follow)

Denny S.

9/6/09

"May the wings of eagles

Be at your back."

the
Back To Basics Group

WORD SEARCH

STEP 10

Word List

- | | | |
|------------|-----------|------------|
| Accept | Anger | Continued |
| Jealousy | Emotional | Pity |
| Resentment | Sober | Admit |
| Balance | Correct | Hangover |
| Patiently | Promptly | Restraint |
| Take | Admitted | Conditions |
| Defects | Inventory | Personal |
| Regular | Searching | Wrong |

Directions-

Find the above words in the puzzle forwards, backwards, up, down, diagonal.

```

X L R B G W C Y D T S Y
S E A N A O X E T N E L
M N O N R L U T P E A T
E R O R O N A A E M R P
W M E I I S T N C T C M
L C O T T I R G C N H O
T K N T E I E E A E I R
E O A N I W D R P S N P
C K T J W O Q N X E G R
E L I N V E N T O R Y E
Y R E V O G N A H C T G
A D M I T T E D L Z I U
T N I A R T S E R F P L
I B G J E A L O U S Y A
S T C E F E D S O B E R
    
```

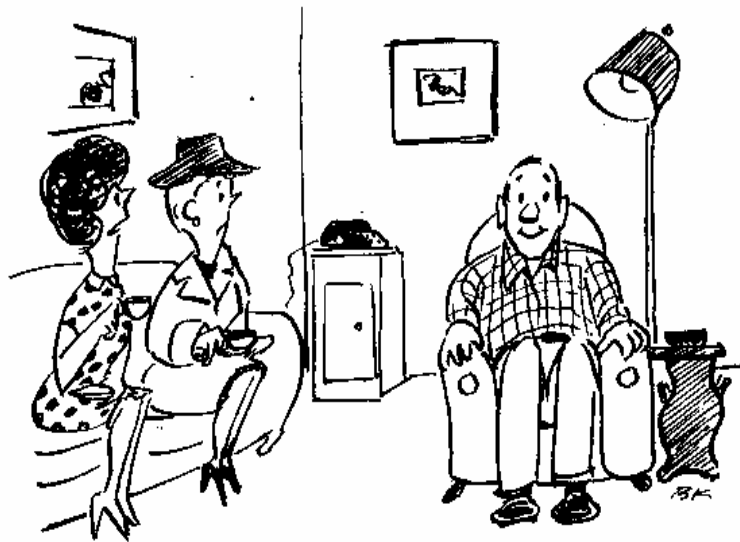
By Rich F., NPR KISS Group

Check Out
our
Web Site!

wptsaa.org

* current meeting list

* current 0777



"He comes home from a meeting and just sits there and smiles!"

Reprinted from the *Grapevine* - Oct. 1976
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Myself *Cont'd. from page 1*

ex-boyfriend. I called his house just to hear his voice. I followed him and did really sick things. Things turned around and got better for me. My sponsor helped me through a lot of pain. I started to let go for the first time. Just when I thought the pain was getting easier to deal with, he came back into my life. We started talking and then started going out. I was nine months sober and thought I could handle it. In one week I saw my obsessing kick in. He had changed a lot in four months, I thought. I wanted what we used to have. All I wanted to do was be with him. One week later her broke up with me again. I hurt more now than ever. I

felt I was back where we had started, but the one thing I did have was the knowledge to really let go.

I still miss my boyfriend very much, but I must put myself first. I cannot put anyone in front of me or I will be a very sick person. I still think about him and what would be if we got back together again. But for today, we are not together and that is okay. Even if we do not ever get back, I can accept that. I have myself and my sobriety. My higher power was with me through all this pain; even at times when I doubted his will for me. I am grateful for him, my sponsor, and the friends I made through this program.

Amanda B., U.S.A.

RUNNING FROM THE PROGRAM

I came into AA at age 35 in New York City. I was thoroughly impressed with the program socially: I attended luncheons for several years at an AA men's lunch club. On Saturday nights, I played poker with AA friends. I enjoyed speaking at open meetings and sharing at closed meetings. I was an AA gadabout. I liked AA people.

My working of the program, however, was deeply flawed. I attended regular meetings at several groups, acting at each one as though my home group and my sponsor were somewhere else.

I had no sponsor, and thus I had no accountability. I never went beyond the 3rd Step.

I was, in any case, a full-blown alcoholic. Inevitably I drank again after 7 dry years. It was easy, while on a trip to Europe. For awhile I felt that I was handling alcohol acceptably. I avoided, as best I could, my AA friends around town. But my downhill spiral soon began.

I traveled on business extensively. My pattern was to drink while on the road and refrain from it at home in New York. For awhile, I pretty much stuck to that policy. At home I was miserable; on my trips I had fun, or so I thought.

On a particular trip to Florida, I arrived congratulating myself on my superb will-power that had stayed my urge to have drinks on the flight down. Rather, I followed my plan, which was to have my first drink of this trip in the classy bar of my Fort Lauderdale hotel.

At exactly 5 PM I walked into the bar, which was not busy yet. Not having had a drink for 3 weeks, I was tingling with anticipation. I took a barstool: "A double martini, please, extra dry and straight up."

The bartender brought my drink quickly, put it down in front of me but closer to his side than mine, studied me and said "Are you from New York?"

I was uncomfortable. "How did you guess?"

He looked into my eyes. Pushing the drink slowly to me, he said "A couple of years ago I went to a meeting in New York and heard you tell your story. I remember because I was inspired. Enjoy your drink, sir!" He turned his back and walked to the other end of the bar.

My soul was in agony. I drank in my room until I passed out. Seven besotted years followed.

That moment of understanding, courtesy of a sober Florida bartender, stuck in my mind. Finally, I was given the gift of true sobriety in AA.

Billy K.- Dallas, Texas

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New Location
for
AA Way Group
Effective Nov. 1, 2009 the group will meet at the **Spirit of Life Lutheran Church @**
8812 Old County Rd. 54, NPR

Recovery
JEWELRY ★ ★ ★
Now At
Central Office
6611 US 19 Suite 505
New Port Richey, Florida 847-0777

... I am responsible
Whenever anyone, anywhere, reaches out for help, I want the hand of AA to be there.. .

Dist. 15 Treatment Committee
will meet **Sat. Oct. 10th @ Noon @ the AClub.**
5650 W. Missouri Ave. NPR

Groups Represented
At InterGroup 9/9/09
RIS Women's Tropical Attitudes Young Aces
New Hope Beginners Wonderful Group
Back To Basics Happier Hour Your Group ?

BRIDGING THE GAP
for **Basic Step**
12th **BRIDGING THE GAP** **new**
Work taken to a dimension in Pasco and Pi-nellas Counties.

District 15 Agenda Meeting
The first Monday of every month. The Agenda Meeting takes place at the Central Office at 6:30 PM. Any AA member who wants to put an item on the agenda for the District Meeting is welcome to attend and place their item on the agenda; they must do so at this meeting.

The hand of A.A. will reach out to the alcoholic newcomer upon their discharge from treatment and correction facilities.
Please announce at all meetings & post on all Clubroom Bulletin Boards.
InterGroup, & General Service Rep's—Please get your group a sign up sheet from your GSR Rep or at the Central Office. For more information leave a message for **Kathryn @**
847-0777

~District 15~
Corrections Committee
Meets the **3rd Saturday** of each month at the **AClub @ Noon.**
Come and get involved! **This month Oct. 17th**
AClub is at 5650 W. Missouri Ave., NPR